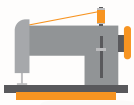


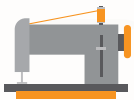
CREATIVE FASHION & TEXTILES

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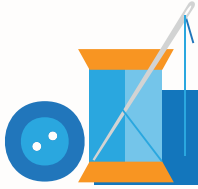
Student's Worksheets



Lesson 8: Fabric Decoration Techniques: Cross stitch, braiding and button application



Four class periods (35 minutes each)



CROSS STITCH, BRAIDING AND BUTTON APPLICATION

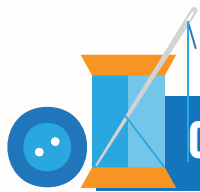
Worksheet 1: Fun with Cross Stitches.

Stitch Fact

Cross stitches are one of the oldest and most popular embroidery stitches. They form an “X” shape and are great for both decorating fabric and adding texture. It is one of the easiest forms of embroidery to learn. Designs can be traditional or modern.

People have used cross stitches for centuries in cultural designs, home décor, and have even narrated stories through stitching!

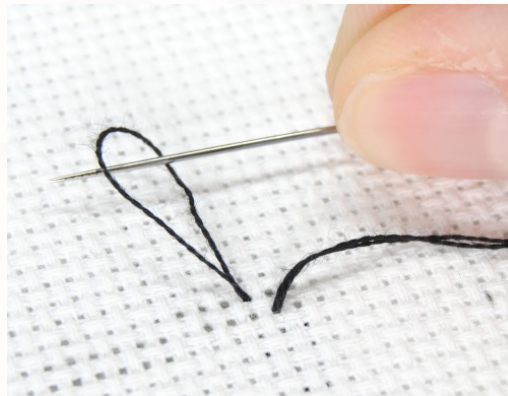




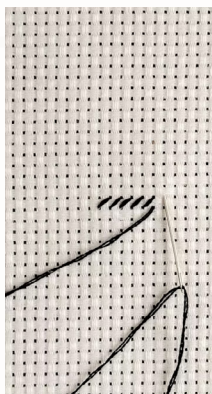
CROSS STITCH, BRAIDING AND BUTTON APPLICATION

Instructions:

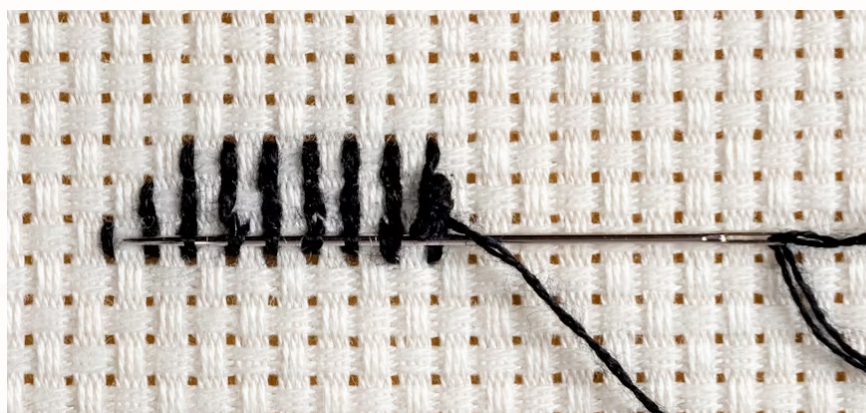
Starting:

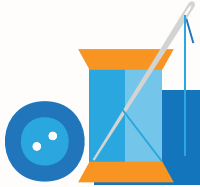


Working



Finishing on W.S.:





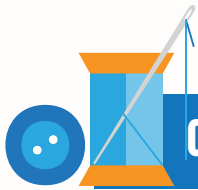
CROSS STITCH, BRAIDING AND BUTTON APPLICATION

NAME OF STUDENT:

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Instructions: Tack your completed sample in the box provided.

A large, empty rectangular box with rounded corners and a thick yellow border, intended for students to tack their completed sample.



CROSS STITCH, BRAIDING AND BUTTON APPLICATION

Worksheet for Activity 2: Yarn braiding.



Stitch Fact – Braiding

Braiding has been used for centuries in clothing and hairstyling.

Braiding is a simple technique where three or more strands of yarns are crossed over each other to make a strong and decorative braid.

It is often used to make friendship bracelets, bag handles, and hair decorations. Braids can be made with yarn, fabric strips, or even recycled materials! Braids look beautiful and creative when made with colourful yarns, ribbons or cords of different textures!



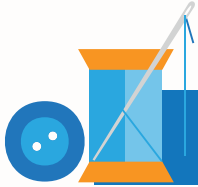
Hair braiding



Creative braiding



Braiding bracelets with yarns

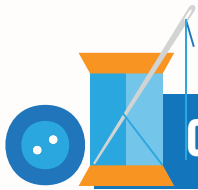


CROSS STITCH, BRAIDING AND BUTTON APPLICATION

NAME OF STUDENT:

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Instructions: Tack your completed sample in the box provided.



CROSS STITCH, BRAIDING AND BUTTON APPLICATION

Worksheet for Activity 3: Sewing a button.

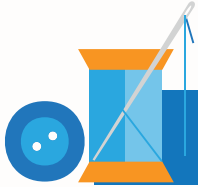
Stitch Fact – Button Sewing

Buttons are used to fasten clothes and can also be added to decorate garments or textile items. However, people only started using them to fasten clothes in the 1200s! Learning to sew a button helps you to mend clothes and make them last longer.

Buttons have been around for over 4,000 years. They were made from wood, shells, and bones. There are different sizes, shapes and colours of buttons. Some are made from plastic, wood or shells as per picture below:

Creative use of buttons:





CROSS STITCH, BRAIDING AND BUTTON APPLICATION

NAME OF STUDENT:

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Instructions: Tack your completed sample in the box provided.

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