CREATIVE FASHION & TEXTILES

ELECTIVE

Teacher's Guide



Lesson 2: Introduction to types of garments and style features



Four class periods (35 minutes each)





Competency 1.1:

· Identify selected fashion trends and style features.



Purpose of activities:

The activities will enable students to identify different types of garments and recognise style features found in them.



Learning outcomes:

By the end of the lesson, students should be able to:

- 1. Name the different types of garments: shirt, t-Shirt, polo shirt, trousers, shorts, bermuda, blouse, skirt, dress, saree, sports outfits (such as joggings, swimming suits), raincoat, jacket, pullover and suit.
- 2. Identify basic style features found in garments: collars, sleeves, pockets, hem, fastening and waistband.



Implementation guidelines

Materials needed:

- Whiteboard: Whiteboard markers, pictures of basic garments
- Realias; School uniform, school shirt/blouse, trousers, t-shirt and polo shirt, jacket, pullover.



- 1. Recap on lesson 1- Fashion and Fashion Trends
- 2. Introduce the lesson by showing various garments/realias or pictures, namely: school uniform, school shirt/blouse, trousers, shorts/bermuda, t-shirt, polo shirt among others.
- 3. Educator encourages the students to name the various garments (from realias, or from their uniforms or pictures) and writes the words on the whiteboard.
- 4. Students will write the words in their copybook/notebook.



Note to Educator

Educator will refer to school uniform which can consist of trousers/bermuda, dress and/or school shirt/blouse. The educator can also mention that boys wear the school shirt, and girls wear the school blouse. Educator can point out that nowadays Polo Shirt is very commonly worn by students with the school logo printed on it. Educators can further mention that students wear their P.E outfit, which consists of a T-shirt and a short, during Physical Education classes.

Key terms:

A **polo shirt** is a casual short-sleeved cotton shirt with a collar and fastened with buttons at the front.

A **bermuda** is slightly longer than a short and reaches the knee.



Activity 2: Labelling of style features in garments



Explanation on Style Features

- Educator writes on the whiteboard the various style features namely collar, sleeve, pockets, fastening (button or zip), hem and waistband.
- Educator shows to the students that those style features are part of a garment. Some of these features are part of the school shirt/blouse. The educator can refer to the garments that have been bought for the lesson
- The purpose of a belt is also pointed out whereby it is used to hold trousers at the waist.
- Educator briefly explains how each feature influences the overall look of the garment; for example, a button-down collar on a shirt adds formality, while a relaxed scoop neck on a T-shirt gives a casual look.
- Allow students to practice labelling style features.
 - Provide students with worksheet 2.
 - Guide students to label the collar, sleeve, pockets, waistband and hem on these garments.

Activity 3: Drawing and labelling of style features



In this activity, educator will explain to students the following through the worksheet 3.

Two pictures are provided-a vest and a short outline. Students will draw and label the style features as indicated:

- Short sleeve and square pocket on the front of a t-shirt
- Waistband and hem on short



Activity 4: Crossword puzzle- Fashion and garments



Educator reads aloud and explain the crossword activity to students. Educator provides hints for the students to complete the crossword. One example could be providing some missing letters.

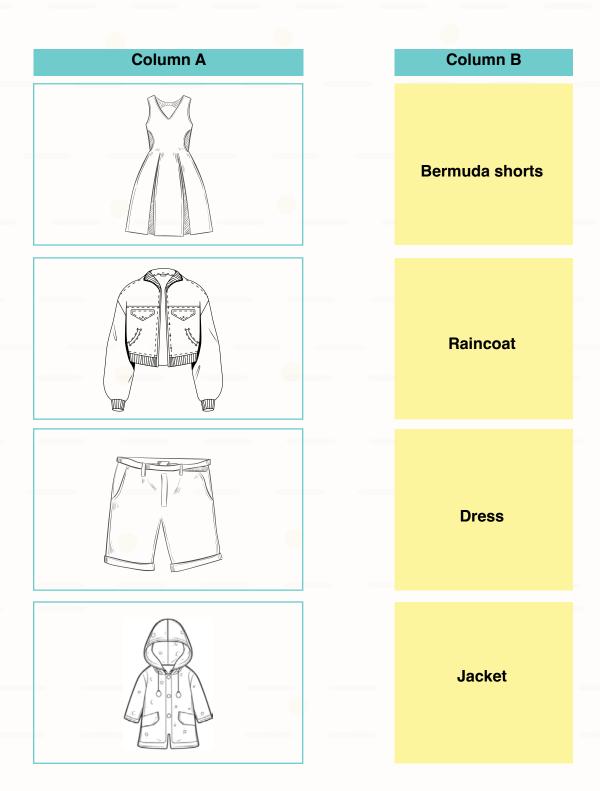
The activity is linked to previous words learnt in lesson 1.



Activity 1: Matching Students will match Column A with Column B to help identify the garments.

Column A	Column B
	T-Shirt
	Polo shirt
	Skirt
	Trousers





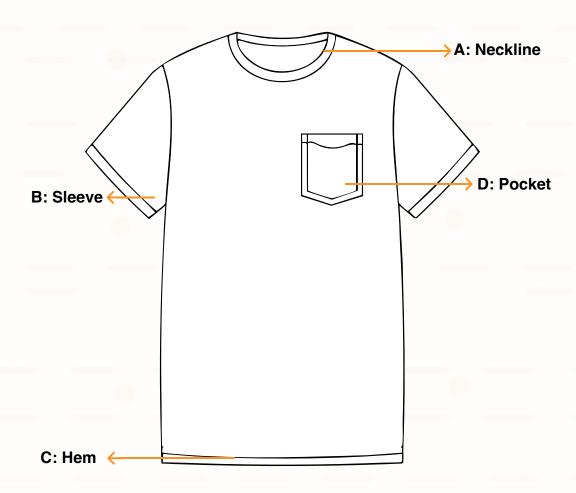


ACTIVITY 2: Types of garments and labelling

Allow students to practise labelling style features.

- Guide students to fill worksheet 2. Use precise and simple instructions so that students can follow better.
- o Encourage students to read aloud the words and to write them down in their copybook.
- (1) The picture shows a t-shirt.

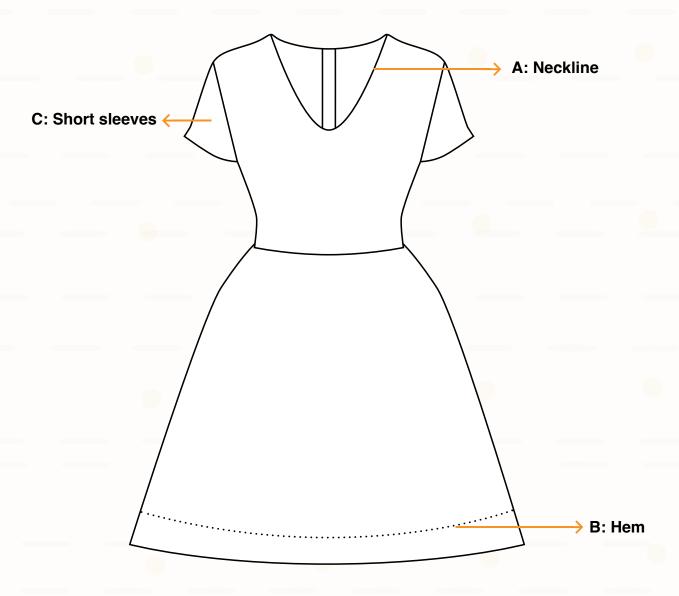
 Label the following style features: neckline, pocket, hem, sleeve.





(2) The picture shows a dress.

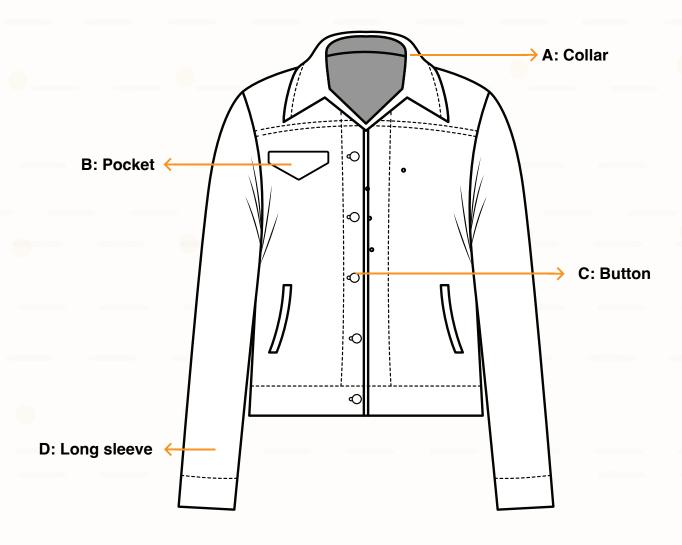
Label the following style features: neckline, hem, short sleeve.





(3) The picture shows a jacket.

Guide students to label the following style features: collar, long sleeve, pocket and button.





(4) The picture shows a pair of jeans/trousers.

Label the following style features: waistband, pocket, hem, zipper.



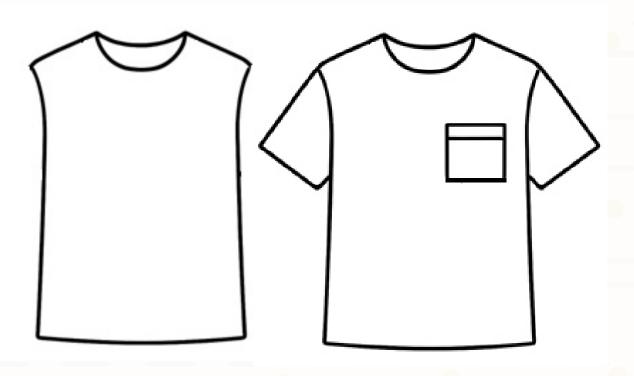


Worksheet Activity 3: Drawing and labelling of style features

Instructions:

- Two pictures are provided. Students will draw and label the style features.
- On picture 1, students will need to draw a short sleeve on right and left side and a square pocket on the front.

Picture 1 Answer





 In picture 2, students will draw a waistband, a zipper at the front and the hem.

Picture 2



Answer

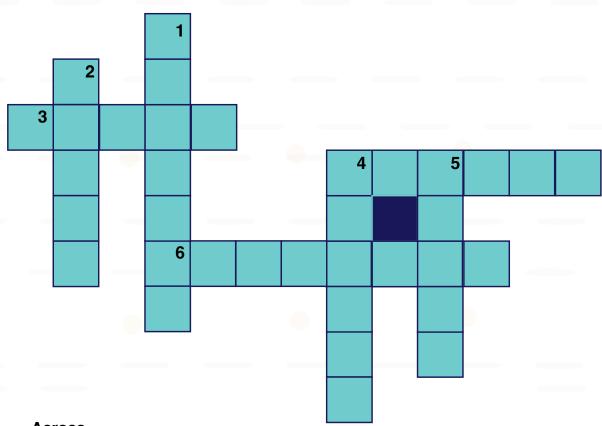




Worksheet Activity 4: Crossword puzzle

Instructions:

- Educator reads aloud and explains the activity to students.
- Educator can provide hints in the crossword e.g. insert missing letters or can provide the list of the words to be found. Students will then find the appropriate word to fill in the crossword.



Across

- 3. A long, one piece of clothing worn by girls.
- 4. Clothing worn for sleeping.
- 6. Worn to protect from rain.

Down

- 1. Worn for PE classes.
- 2. A fashion that becomes popular for a short time.
- 4. Found on trousers, shorts to keep belongings.
- 5. Blue pants worn by both men and women.



Answers

