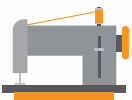


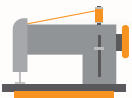
CREATIVE FASHION & TEXTILES

ELECTIVE

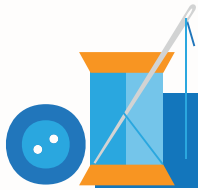
Student's Worksheets



Lesson 5: Sewing tools and pressing equipment



Four class periods (35 minutes each)



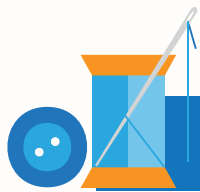
SEWING TOOLS AND PRESSING EQUIPMENT

Worksheet for Activity 1: Introduction to basic sewing tools and equipment

Match the tool in column A to its corresponding name in column B.

Column A	Column B
	Tailor's chalk
	Fabric scissors
	Unpicker
	Needle
	Measuring tape
	Pins

Note: Allow students to practise writing the words on the whiteboard or in their copybook.



SEWING TOOLS AND PRESSING EQUIPMENT

Worksheet for Activity 2: Safety rules and storage of basic sewing tools and equipment.

Fill in the blanks with the correct words.

scissors

heel

sewing

off

fingers

iron

burn

pin cushion

1. Always store needles and pins in a box or _____.



2. Avoid running with _____.



3. Turn _____ the iron after use.



4. We use an _____ for ironing clothes.



5. The iron must be kept on its _____ when not in use.



6. Be careful when using the hot iron so you do not _____ your hand.

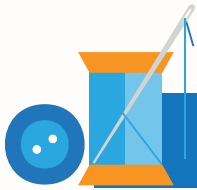


7. Always keep the _____ machine switched off, when not in use.



8. Always keep your _____ away from the needle when using the sewing machine.





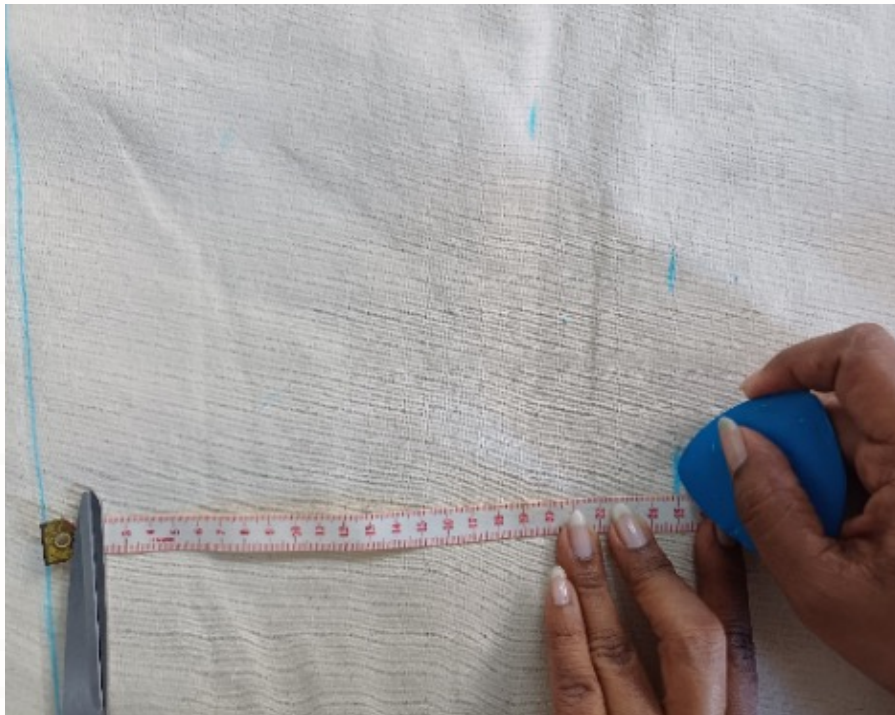
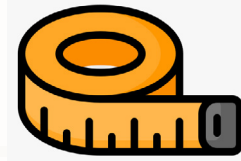
SEWING TOOLS AND PRESSING EQUIPMENT

Worksheet for Activity 3: Using basic sewing tools safely

Materials: Fabric, tape measure, tailor's chalk, scissors, sewing needles, sewing thread, embroidery thread/ cotton perlé.

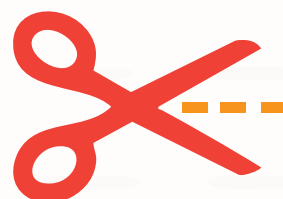
1. Measure and mark the fabric

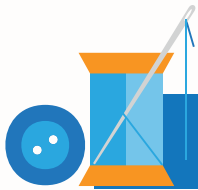
- o Use a measuring tape to measure a square of 20cm x 20cm on your fabric.
- o Use tailor's chalk to draw the square neatly.



2. Cut the fabric:

- o Use fabric scissors to cut along the marked lines.
- o Make sure to cut slowly and safely, keeping fingers away from the blades.



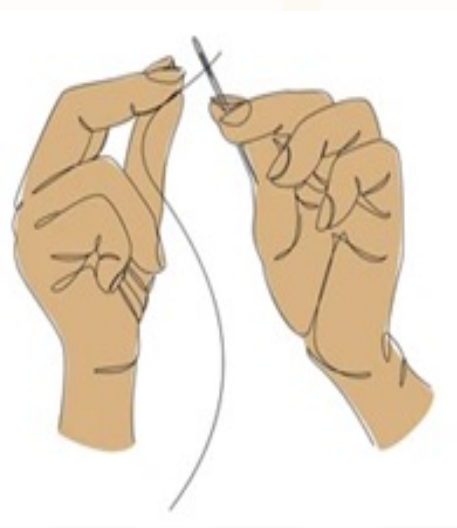
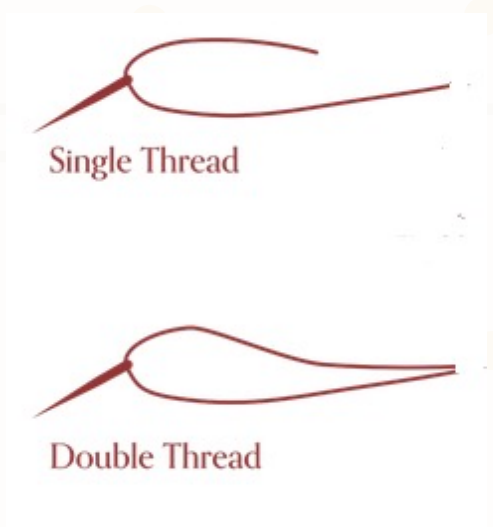


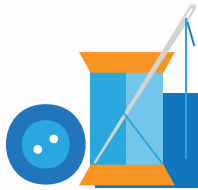
SEWING TOOLS AND PRESSING EQUIPMENT



3. Thread your needle:

- o Single thread a needle.
- o Double thread a needle.





SEWING TOOLS AND PRESSING EQUIPMENT



Note

Use a single thread for sewing lightweight to medium weight fabrics - for neat and decorative stitches.

Use a double thread for heavy weight fabrics, sewing buttons or repairs, and when you need strong, durable stitches.



Reminder - safety rules:

- Avoid putting needle and pins in the mouth when sewing.
- Always store needles and pins in a box or pin cushion.
- Avoid running with scissors.
- Keep scissors closed when not in use.
- Always hand over scissors by holding the blades.
- Apply safety measures when using the sewing machine:
 - o Keep fingers away from the needle.
 - o Turn off the machine after use.
 - o Do not use with wet hands.
- Apply safety measures when using the iron:
 - o Keep fingers away from the hot plate.
 - o Always rest the iron in an upright position.
 - o Switch off iron after use.