

CREATIVE FASHION & TEXTILES

ELECTIVE



MAURITIUS INSTITUTE OF EDUCATION under the aegis of



MINISTRY OF EDUCATION AND HUMAN RESOURCE



✦ Dr Ajay Ramful

Head of Curriculum, MIE

PANEL COORDINATOR

✦ Mrs Ashwina Engutsamy-Borthosow

Senior Lecturer, MIE

PANEL MEMBERS

✦ Mrs Jayadevi Palawon

✦ Ms H Savitra Samboo

✦ Mrs Sudarshinee Ramma-Gutty

Trainer, MITD

Educator, MGSS Moka

Educator, Ministry of Education
and Human Resources

PROOF READER

✦ Dr Yesha Devi Mahadeo

Lecturer, MIE

DESIGN

✦ Ms Bhoomita Chumun

Graphic Designer

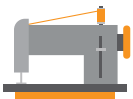
© Mauritius Institute of Education (2025)

Pictures from freepik.com

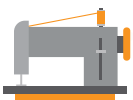
CREATIVE FASHION & TEXTILES

ELECTIVE

Teacher's Guide



Topic: Fashion Trends



Four class periods (35 minutes each)



Competency 1.1:

- Identify selected fashion trends and style features.

Purpose of activity:

- The activities would enable students to develop an understanding of fashion and fashion trends.

Learning outcomes:

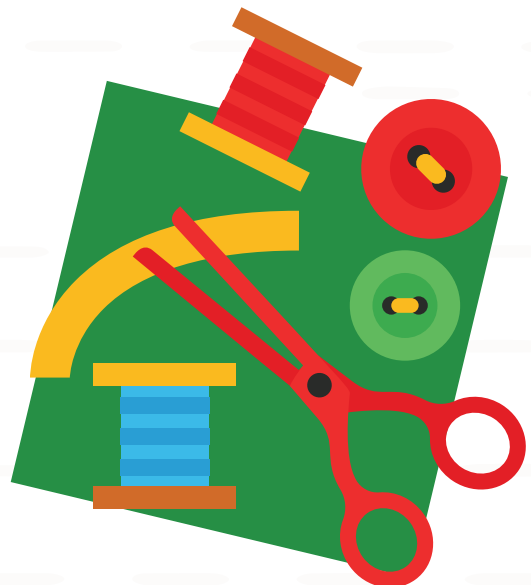
By the end of the lesson, students should be able to:

- Identify selected fashion trends.
- Explain how fashion trends have evolved over the years.

Implementation guidelines

Materials Needed:

- Laptop and projector
- Whiteboard
- Whiteboard markers
- Internet connection
- Realias
- Pictures of fashion trends





1. Begin with brainstorming on 'fashion'.

2. Activity 1: Fashion Through the Decades



Project the following video '**Evolution of Fashion - Fashion Through the Decades**' and other links provided, briefly explain the term 'Fashion' and 'Fashion Trend'.



Note to Educator

Educators can mention the following fashion trends such as bell-bottom trousers, crop top, leather jacket, cargo pants, oversized denim jackets. Educators can also explain that when there is a new fashion trend, people will start sporting this trend, e.g. the colour, the type of clothing, the shoe style (e.g. white sneakers) or even the hairstyle/make-up.

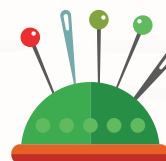
3. Write a few common fashion trends on the whiteboard. Support with fashion magazines/ pictures or fashion trends (garments).

4. Discuss what learners observed from the videos.

Key terms:

Fashion is the way people dress and express themselves through clothing, shoes and accessories. It changes over time and differs from country to country.

Fashion trends are styles in clothing that become popular for a certain period.





5. Activity 2: Timeline Activity



Materials Needed:

- Worksheet 2
- Whiteboard & markers
- Coloured pencil/pencil
- Ruler

Instructions:

- Give each student a worksheet for **Activity 2 -Timeline matching.**
- Students can work out the matching activity with a coloured pencil or pencil and a ruler.
- Correction of the activity. Re-explain as required.

6. Activity 3: Pair work- Expressing oneself on Fashion Trends



Materials Needed:

- Worksheet 3
- Pencil
- Pictures of fashion trends

Instructions:

- Educators ask questions to consolidate learning as per the worksheet.



Note to Educator

Current fashion trends are cargo pants, jumpsuit, crop top, ripped jeans and classic casual shirt, oversized shirts, comfortable sports clothes.

Clothes from the early 2000s are becoming popular again namely baggy jeans, shiny tops, cool slogans on T-shirts.

7. Activity 4 - Spot the Trend – Current trend



Materials Needed:

- Worksheet 4
- Coloured pencil/pencil

Instructions:

- Give each student worksheet 4 together with a coloured pencil.
- Students need to observe and identify current fashion trends from the pictures provided.
- Students will tick the outfit currently in fashion next to the appropriate picture.
- Correction of the activity.

8. Activity 5 - Scrambled Word Activity: Fashion Terms



Materials Needed:

- Worksheet 4
- Coloured pencil/pencil

Instructions:

- Give each student worksheet 5.
- Explain to students what is required for this activity. Students need to unscramble the letters to find the correct fashion terms.
- They will write the correct term in space provided
- Correction of the activity.



Activity 1: Fashion Through the Decades

1. Project the following video ‘**Evolution of Fashion - Fashion Through the Decades**’ in class.



Note to Educator

Educators select the ones for class viewing or can choose from the internet appropriate for their class and learner’s level.



Link 1



Link 2



Link 3

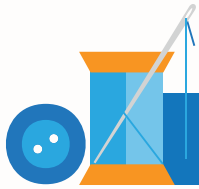
2. Write a few common trends on the whiteboard. Support with fashion magazines/ pictures or realias (garments).

3. Discuss with students their observations from the videos.

Key terms:

Fashion is the way people dress and express themselves through clothing, shoes and accessories. It changes over time and differs from country to country.

Fashion trends are styles in clothing that become popular for a certain period.



FASHION TRENDS

Look at the pictures of the different garments.

Some belong to fashion trends from the past (vintage), while others are recent styles. Match each picture to the correct timeline.



2020



1990



1970



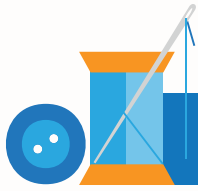
1950



Instructions:

- Students will be paired up or will work in groups.
- Educator will read and explain the questions.
- Students will discuss and attempt to write their answers in simple sentences.

Questions:	Answers:
1. Have you seen any old fashion trends that are popular again nowadays?	
2. What did you find interesting or different about old fashion trends?	
3. Why do you think fashion trends keep on changing?	

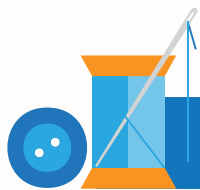


FASHION TRENDS

Instructions:

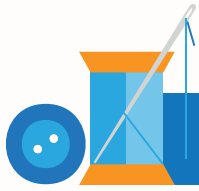
- Students will study the outfits in the pictures and they will identify which outfit is currently in fashion. They will tick in the appropriate box.
- Students can view the videos once again before working this activity.





FASHION TRENDS





FASHION TRENDS





Scrambled words: Unscramble the letters to find the correct fashion word.

Educator can provide additional hints to students.

Scrambled Word	Correct Word
HNIAFOS	F _ _ _ _ _
NRDTRE	T _ _ _ _
IJUMPTUSS	J _ _ _ _ _
LLBE MTOBOT	B _ _ _ B _ _ _ _
POCR TOP	C _ _ _ T _ _
SSRED	D _ _ _ _
KJERCTA RLETAHE	L _ _ _ _ _ r J _ _ _ _ t



Note to Educator

Answers to Activity 5

- HNIAFOS - Fashion
- NDTRE - Trend
- EANSJ- Jeans
- LLBE MTOBOT - Bell Bottom
- SSRED - Dress
- KJERCTA RLETAHE - Leather Jacket

CREATIVE FASHION & TEXTILES

ELECTIVE



MAURITIUS INSTITUTE OF EDUCATION under the aegis of



MINISTRY OF EDUCATION AND HUMAN RESOURCE