

# CITIZENSHIP

## Teacher's Guide: GRADE 8 - Lesson 8

### Sports and Games

#### Competency, Element and Performance Criteria

- **Element 5:** Communicate respectfully and sensitively across diverse situations to make meaningful connections.
- **Performance Criteria Level 1:**
  - Identify key elements of respectful and sensitive communication in different social contexts
  - Use appropriate greetings and basic courteous language when interacting with others.
  - Listen attentively and respond to simple questions.
- **Performance Criteria Level 2:**
  - Recognise the importance of respectful communication on building trust in diverse settings.

#### Purpose of activity

This activity enables students to differentiate between sports and games.

#### Learning Outcomes

By the end of the lesson, students should be able to:

- Identify different types of sports and games
- Understand the benefits of playing sports and games
- Differentiate between indoor and outdoor games
- Express their opinions about their favourite sport/game

#### Resources and Materials for part 1 of the activity

- Flashcards or images of various sports and games
- Whiteboard/blackboard and markers/chalk
- Projector (optional)
- Worksheet or handout
- Tennis ball or soft object for a warm-up game

#### Teaching trajectories/ Implementation guidelines

*It is recommended to provide students enough time for discussion and sharing. This activity may be extended over 2 or more periods.*

### Prior Preparation

- (i) The educator needs to print a copy of the flashcards found in Annex 1, or these flashcards can be displayed with a projector.
- (ii) The cards can be cut and then placed in a small carton box at the start of the game.

### Classroom Activity

#### Step 1: Warm-Up Activity

Quick game of "Pass the Ball." The purpose is to energise students and activate prior knowledge.

- Students can stand up in the classroom.
- Students pass a ball around while the teacher turns his back to the students. When the educator calls "STOP", the student holding the ball has to name a sport or game.
- The educator can note the answers on the blackboard / whiteboard.
- The activity may be repeated several times.

#### Step 2: Introduction

- Educator asks: "What is the difference between a sport and a game?"
- Brief discussion and explanation:  
 Sport: Physical activity with rules, often competitive (e.g., football, basketball).  
 Game: Can be physical or mental, often for fun (e.g., chess, hide and seek).

#### Step 3: Classification

- The Educator can pick a flashcard (see Annex 1) one by one from the box and show to the students.
- Students use the Activity Sheet in Annex 2 to classify the names of sports and games into either:
  - (i) Indoor vs. Outdoor
  - (ii) Team vs. Individual

#### Step 4: Group Discussion and Presentation

- In small groups, students discuss:
  - (i) Their favourite sport/game
  - (ii) Why they like it
  - (iii) What skills it teaches (e.g., teamwork, strategy, fitness, respect for rules)
- Students can come in front of the classroom to explain why they like a particular sport or game.

### Assessment

- Participation in discussions and the classification activity.
- Accuracy in the completion of the students' worksheet.

### Extension of Activity

- Students can be asked to think of examples of games which were common to children in the past. They can ask the following questions to their parents or other adults about these games:
  - (i) How was it played, individually or in groups?
  - (ii) Were there rules for the game? Explain them.
  - (iii) How was the winner determined?
- Students can come to class to present the game to other classmates.