

CREATIVE FASHION & TEXTILES

ELECTIVE



MAURITIUS INSTITUTE OF EDUCATION under the aegis of



MINISTRY OF EDUCATION AND HUMAN RESOURCE



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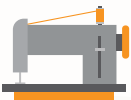
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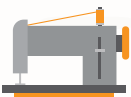
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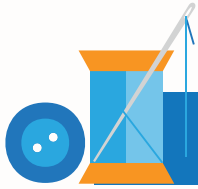
Teacher's Guide



Fashion Colour Match and Dressing for Different Occasions



Four class periods (35 minutes each)



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



Competency 1.2 & 1.3:

- Select appropriate outfits for formal, casual and special occasions.
- Sketch mix and match outfits for different occasions.



Purpose of activity:

- The activities will enable students to develop an understanding of how to mix and match garments to create appropriate outfits for different occasions.



Learning outcomes:

By the end of the lesson, students should be able to:

1. identify colours on the colour wheel.
2. combine colours to create outfits.
3. sketch mix and match outfits for different occasions.



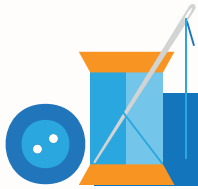
Activity 1: Colour wheel

Materials needed:

- Worksheet 1
- Whiteboard & markers
- Colouring pencils

Instructions:

- Students paint the colour wheel and grid as indicated.
- Educator guides students and check their work as required.



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



Note to Educator

Educators need to mention the following:

- Warm colours are colours that make us feel cozy, energetic, or happy.
- Cool colours are colours that make us feel calm, peaceful, or refreshed.
- Neutral colours are soft and balanced colours. They are often used to create calm, simple, or classic looks.



2. Activity 2: Complementary Colours

Find the colour pairs.

Materials needed:

- Worksheet 2
- Whiteboard & markers
- Colouring pencils

Instructions:

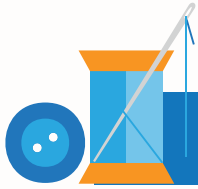
- Students refer to the colour wheel in Activity 1 and identify the complementary colours and shade the shape given accordingly.
- Educator guides students and check their work as required.



Note to Educator

Educators explain that:

- Complementary colours are **pairs of colours that look great together** because they are opposites on the colour wheel. They create strong contrast and make each other stand out.
- The colour wheel can act as a guide when choosing the right colour for clothes to enhance one's appearance.



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



3. Activity 3 - Combining colours to create mix and match outfits.

Materials needed:

- Worksheet 3
- Insert Sheet 1
- Paper scissors
- Glue

Instructions:

- Each student needs Worksheet 3, Insert Sheet 1, a pair of scissors and glue.
- Students carefully cut out the pictures of clothes from Insert Sheet 1.
- Students create outfits by combining different clothing pieces.

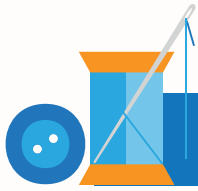
They recall about colours:

- o Warm colours (like red, orange, yellow)
 - o Cool colours (like blue, green, purple)
 - o Complementary colours (colours that look good together, like red and green)
 - o Neutral colours (like black, white, grey)
- Once students have arranged their outfits, they glue them in the spaces provided in Worksheet 3.
- Educator check their work and discuss the colour choices.



Note to Educator

An outfit is a set of clothes worn together, especially for a particular occasion or purpose.



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



4. Activity 4 - Outfits for different occasions

Materials needed:

- Worksheet 4
- Insert Sheet 2
- Paper scissors
- Glue

Instructions:

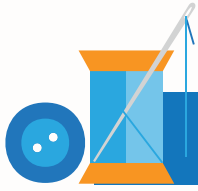
- Each student needs Worksheet 4, Insert Sheet 2, a pair of scissors, and glue.
- Educator explains about the different occasions on the worksheet.
- Students study the pictures on Worksheet 4 and discuss what each outfit is typically worn for.
- Students cut out the labels on the Insert Sheet. Educator instructs students to cut along the lines as indicated.
- Students glue the labels next to the correct outfit in the pictures, matching them carefully.
- Educator explains that there are dress codes namely: formal wear, casual wear and semi-casual wear.



Note to Educator

Explain the following to students:

- Formal wear: worn for a wedding, award ceremony, or important meeting
- Casual wear: worn for a picnic or outing with friends
- Special occasions: These are important personal, cultural, or social events that are often celebrated. Examples of special occasions are:
 - Weddings, birthday parties
 - Religious festivals (e.g., Diwali, Christmas, Eid)
 - National events (Independence Day) or cultural events



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



5. Activity 5 – Spot the words.

Materials needed:

- Worksheet 5
- colouring pencils or pencil

Instructions:

- Students find the words listed in the word search grid.
- Educator corrects the activity.



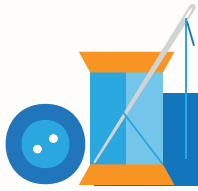
6. Activity 6 - Sketch your outfit.

Materials needed:

- Worksheet 5
- A4 sheet of paper
- Pencils and colouring pencils

Instructions:

- Each student needs Worksheet 5, an A4 sheet of paper, and colouring pencils.
- Educator explains to students how to use the silhouette on Worksheet 5 as a guide to draw an outfit that they will wear to their friend's 14th birthday party which will be held at the beach.
- After sketching the outfit, students colour their sketches.
- Educator checks their work and discusses their choices.

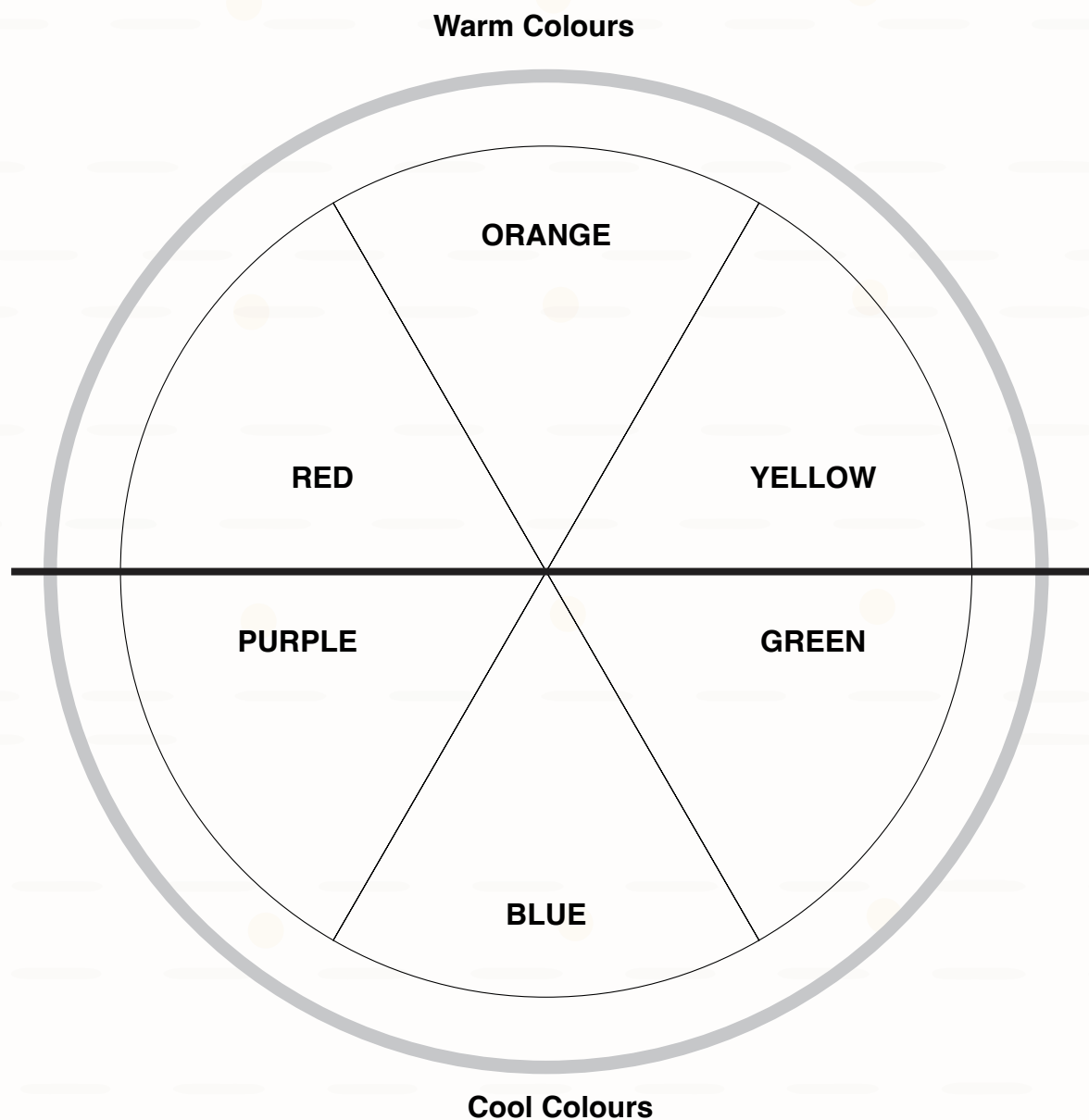


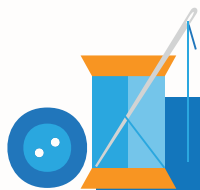
FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 1: Colour wheel

Instruction:

1. Colour the wheel and Educator will guide students to colour the wheel and shapes on the next page with the colours indicated.





FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Neutral Colours



Black



White



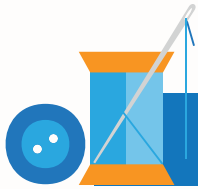
Brown



Beige



Grey



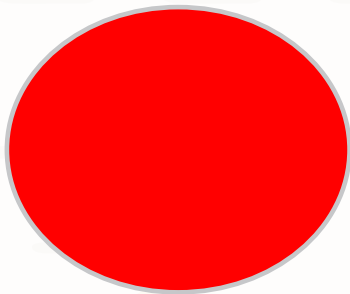
FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 2: Complementary Colours

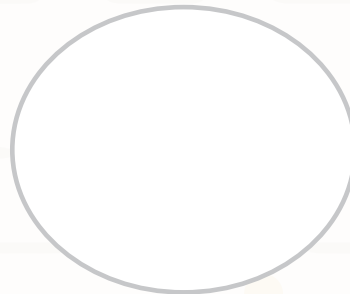
Find the colour pairs.

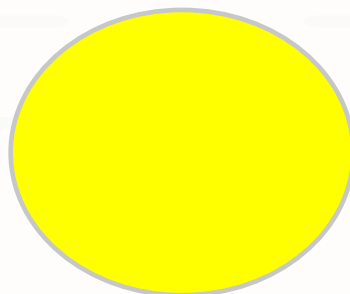
Instructions:

1. Refer to the colour wheel in Activity 1.
2. Find the complementary colours for red, yellow and blue.
3. Colour and name the complementary colours.

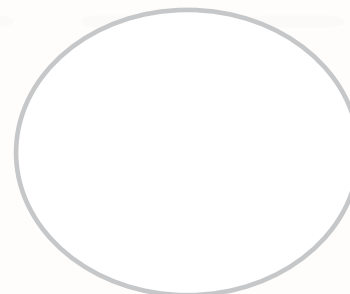


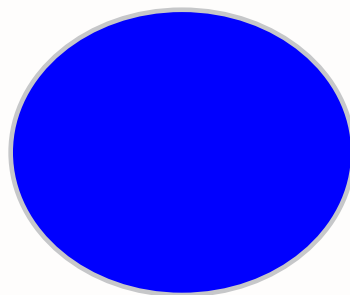
Red



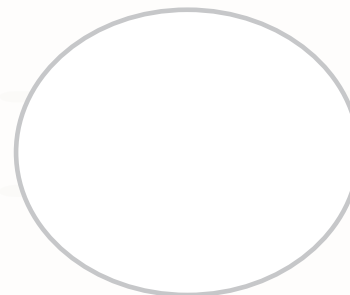


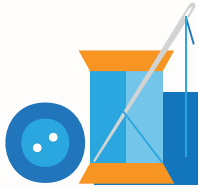
Yellow





Blue





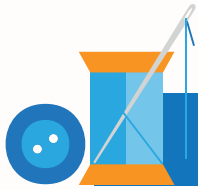
FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 3: Combining colours to create mix and match outfits.

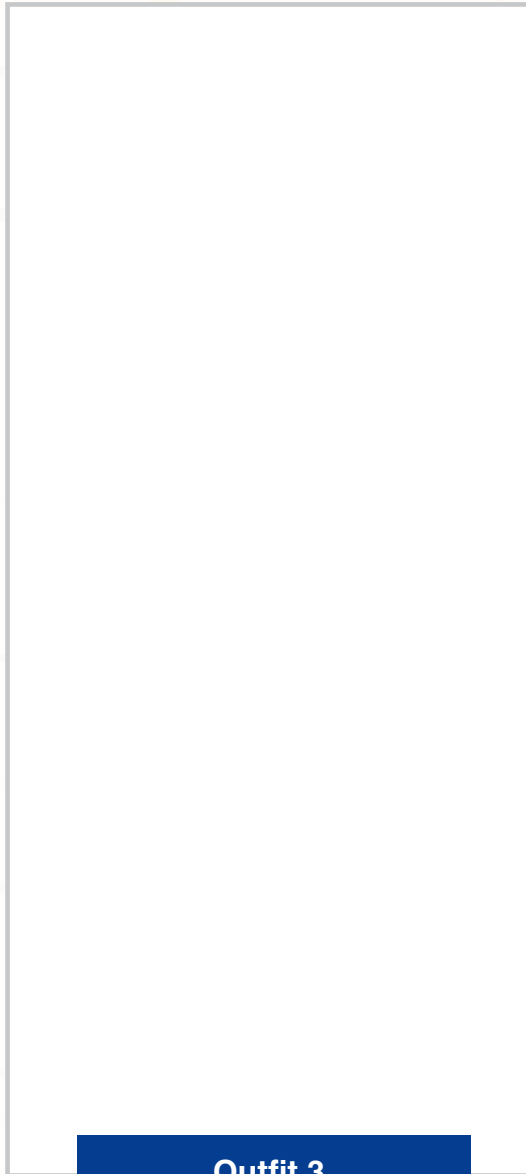
Instructions:

1. Look at the garment pictures provided in Insert Sheet 1.
2. Choose clothes that match well together by considering colour combinations.
3. Cut out the pictures of clothes and glue them in the spaces provided below to create four different outfits.

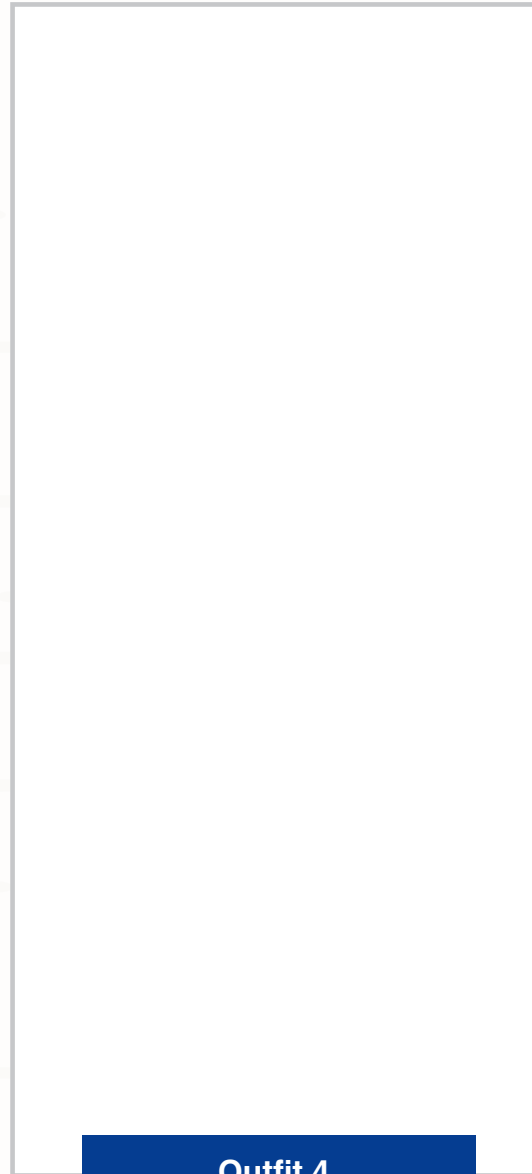
Outfit 1	Outfit 2



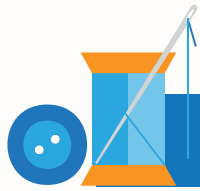
FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



Outfit 3



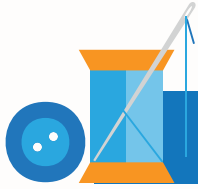
Outfit 4



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

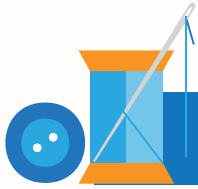
INSERT SHEET 1





FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS





FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 4: Outfits for different occasions.

Instructions:

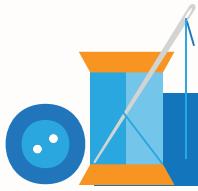
1. Look at the pictures on Worksheet 4.
Discuss the occasions when these outfits are usually worn.
2. Cut out the labels from Insert Sheet 2 and glue them next to the appropriate occasion.
3. State whether it is a formal, casual or special occasion.



Occasion:



Occasion:



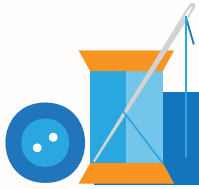
FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS



Occasion:



Occasion:



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

INSERT SHEET 2



Hiking



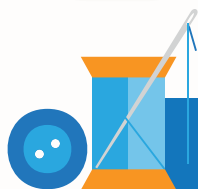
Wedding ceremony



Office



Family picnic



FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 5: Spot the Words

Instructions:

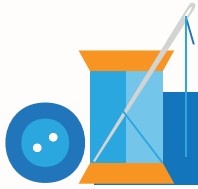
1. Find and circle the words listed below:

R	Y	W	A	Z	O	E	I	D	A	R	X
H	E	Z	I	R	Q	Q	G	B	B	Z	S
E	P	D	A	R	Y	K	B	I	R	X	E
M	S	N	O	T	H	Z	R	A	E	T	B
K	G	L	A	R	T	U	E	N	I	B	N
E	Y	B	G	A	Z	W	F	H	W	Y	L
K	O	C	L	E	P	N	W	P	B	X	U
C	U	R	A	E	W	L	A	U	S	A	C
A	T	B	E	Q	P	M	K	R	B	J	B
L	K	L	X	B	R	B	P	P	B	E	U
B	S	F	T	A	C	O	O	L	S	S	M
R	A	E	W	M	I	W	S	E	O	U	X

BEIGE	BLACK	CASUALWEAR
COOL	NEUTRAL	ORANGE
PURPLE	RED	SLEEPWEAR
SWIMWEAR	WARM	WHITE

R	Y	W	A	Z	O	E	I	D	A	R	X
H	E	Z	I	R	Q	Q	G	B	B	Z	S
E	P	D	A	R	Y	K	B	I	R	X	E
M	S	N	O	T	H	Z	R	A	E	T	B
K	G	L	A	R	T	U	E	N	I	B	N
E	Y	B	G	A	Z	W	F	H	W	Y	L
K	O	C	L	E	P	N	W	P	B	X	U
C	U	R	A	E	W	L	A	U	S	A	C
A	T	B	E	Q	P	M	K	R	B	J	B
L	K	L	X	B	R	B	P	P	B	E	U
B	S	F	T	A	C	O	O	L	S	S	M
R	A	E	W	M	I	W	S	E	O	U	X

Answer guide

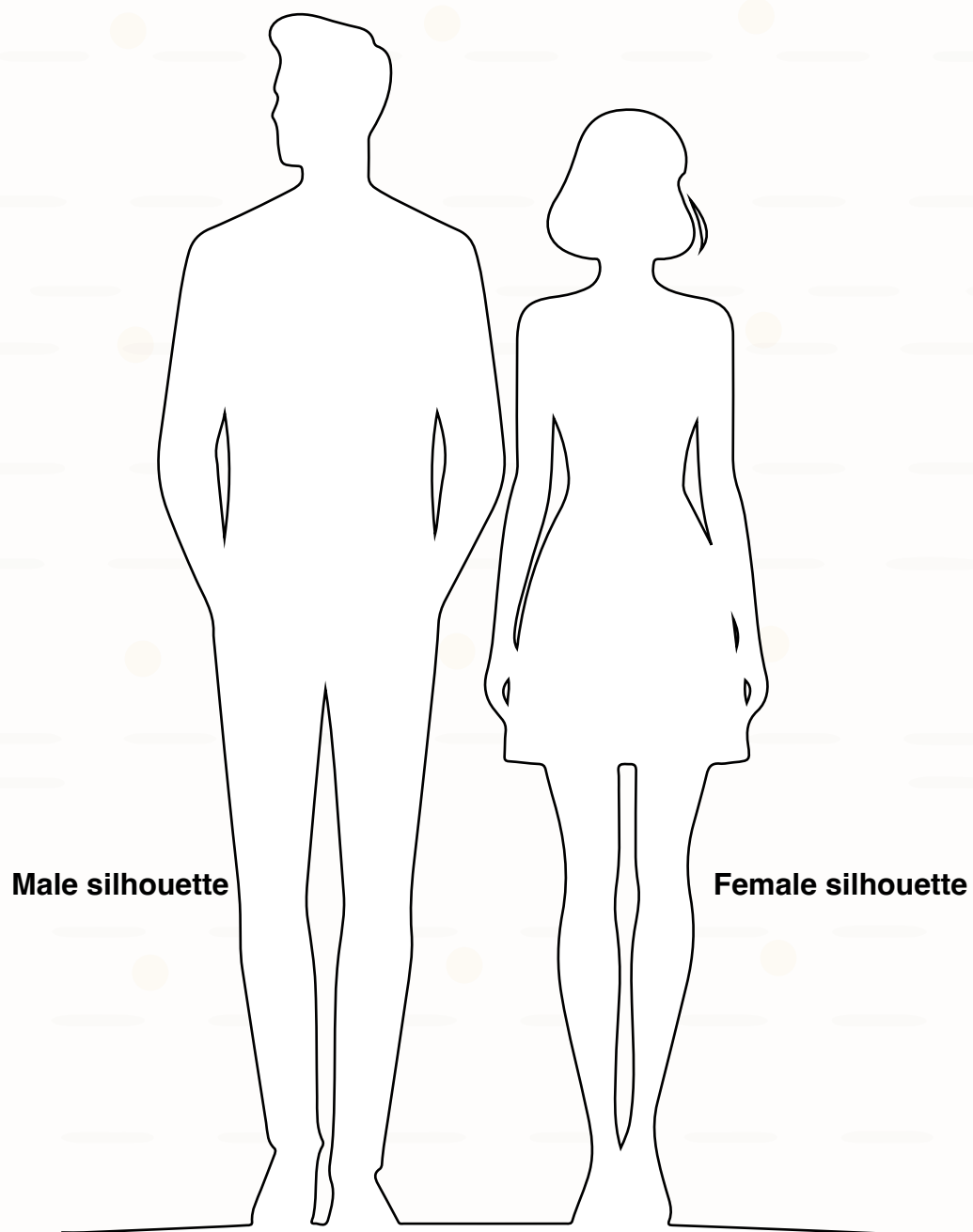


FASHION COLOUR MATCH AND DRESSING FOR DIFFERENT OCCASIONS

Worksheet for Activity 6: Sketch your Outfit.

Instructions: You have been invited to your friend's 14th birthday on the beach.

- Sketch an outfit that you will wear to the party.
- Colour your outfit using colouring pencils.



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