

SOCIO-EMOTIONAL WELL-BEING

Student's Worksheets: GRADE 8 - Lesson 6

My Strength & Feedback Fun Booklet

Name: _____

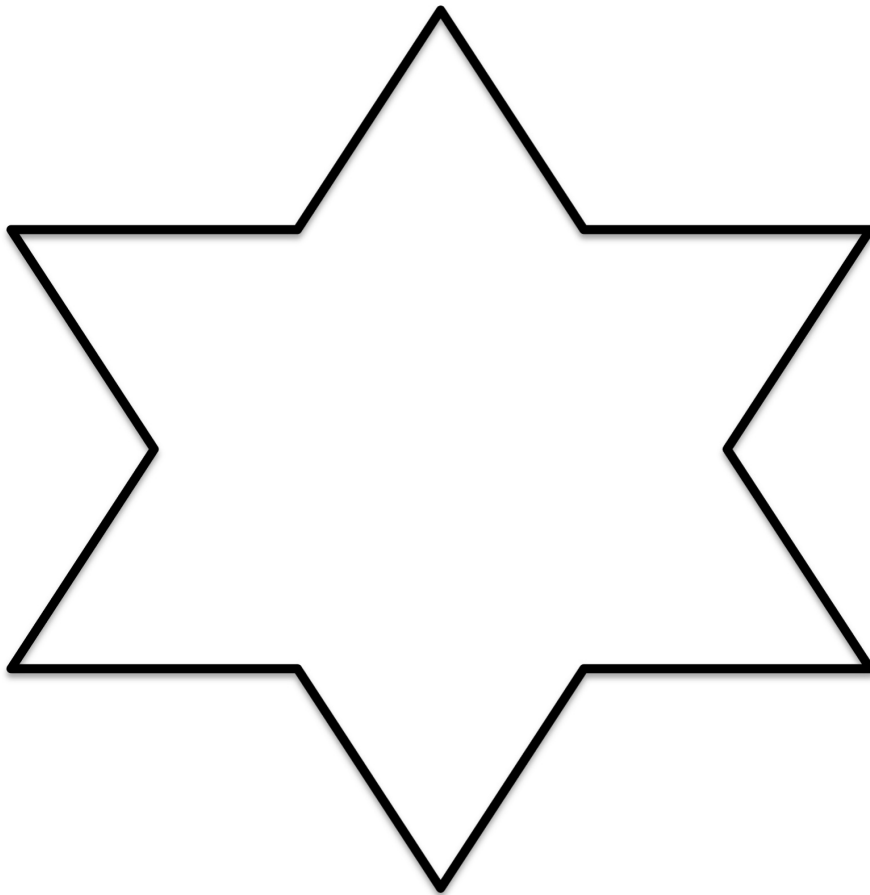
Class: _____

👋 Hello Super Star!

This is your fun booklet to discover what you are awesome at! You will draw, talk to your teacher, and reflect on how amazing you are.

Activity 1: My Strength Star

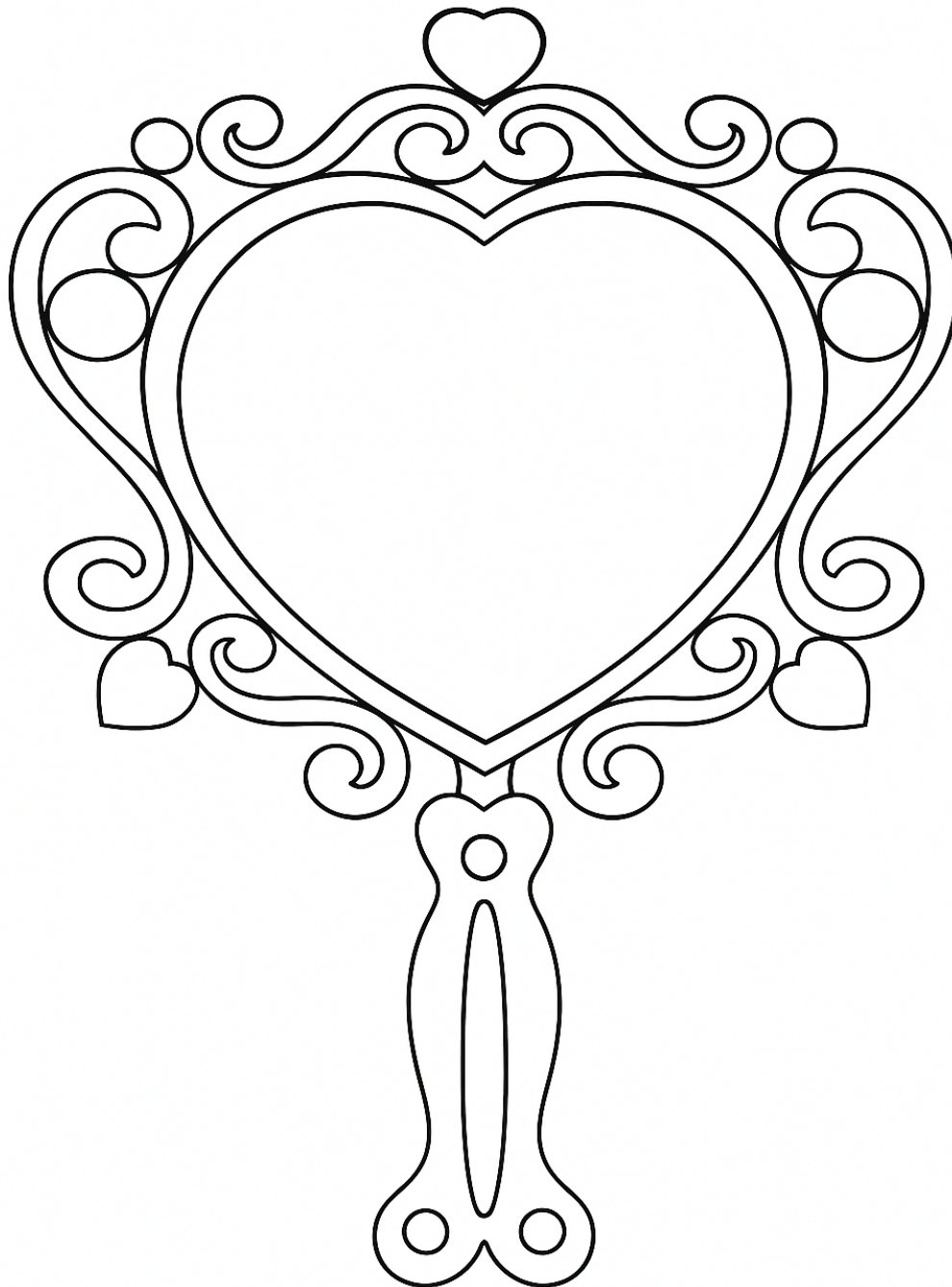
Draw yourself doing something you are good at inside the star below. Then finish the sentence!



I feel good when I _____ because I am good at it!

Activity 2: My Magical Feedback Mirror

Decorate this magic mirror with stickers, glitter, or colours!



Complete the following sentences:

🌟 My strength is: _____

💬 My teacher said: _____

💖 This made me feel: _____

🚀 Now I believe I can: _____