

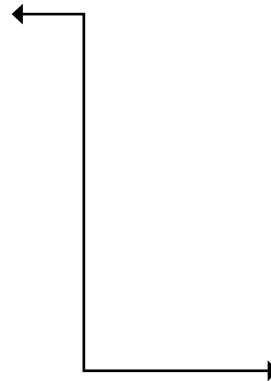
PHYSICAL EDUCATION

Student's Worksheet GRADE 7

Lesson: PERSONAL FITNESS

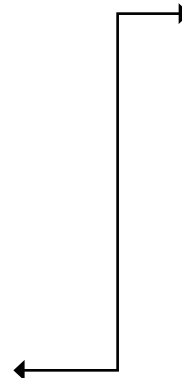
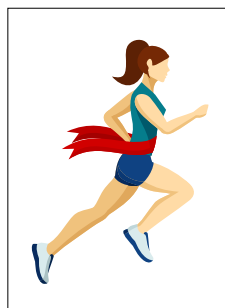
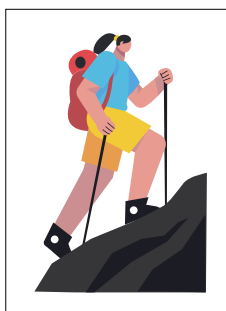
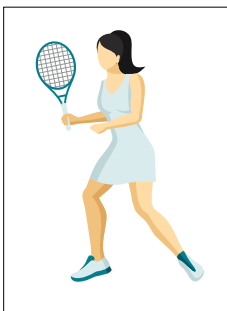
Activity 1 - Crossword Search Puzzle

B	A	S	K	E	T	B	A	L	L
N	F	K	U	Y	V	R	Z	G	F
C	O	N	G	R	S	E	P	H	D
D	O	B	M	U	F	Z	N	I	S
F	T	E	N	N	I	S	A	K	T
H	B	W	L	N	P	C	W	I	U
Y	A	Q	D	I	H	B	D	N	K
E	L	B	S	N	O	O	F	G	B
W	L	R	A	G	C	M	P	U	C



TENNIS
BASKETBALL
FOOTBALL
RUNNING
HIKING

Activity 2 - Matching



Marks: