

PHYSICAL EDUCATION

Student's Worksheet GRADE 7

Lesson: FIRST AID

Activity 1 - Crossword Search Puzzle

C	S	P	R	A	I	N	E	T	U	I
I	B	R	E	S	T	A	R	R	B	K
N	X	H	L	V	W	M	G	E	Z	C
J	Z	N	E	L	H	B	H	A	C	A
U	E	D	V	O	A	U	S	T	Q	S
R	Y	Q	A	Y	F	L	C	M	W	U
Y	I	Z	T	E	B	A	B	E	Y	A
W	C	V	I	N	J	N	M	N	P	L
G	E	E	O	R	I	C	E	T	I	T
U	K	X	N	C	R	E	Q	F	D	Y
C	O	M	P	R	E	S	S	I	O	N

TREATMENT RICE COMPRESSION SPRAIN REST
INJURY AMBULANCE ELEVATION ICE CASUALTY

Activity 2 - Matching

	Scissors
	Bandage
	Medication
	Band-Aid
	Gloves
	Medical Tape