

SOCIO-EMOTIONAL WELL-BEING

Teacher's Guide: GRADE 9 - Lesson 4

Title of card:

A. Community clean-up day

B. Competency (according to TLS), Element, and Performance Criteria

Competency 5.1

Element: Engage in community service to build a sense of purpose and self-worth

Performance Criteria: Reflect on their self-image, balancing self-acceptance with a commitment to personal growth

C. Purpose of Activity

To foster a sense of purpose, empathy, and self-worth by engaging students in meaningful community service that allows them to contribute positively to their surroundings.

D. Learning Outcomes

By the end of this activity, students will:

- Understand the value of contributing to their community
- Demonstrate empathy and teamwork
- Reflect on their personal growth and sense of purpose
- Identify ways they can continue to support their community

E. Resources and Materials

- Short video on littering and pollution
- Materials for clean-up

F. Teaching Trajectories/Implementation Guidelines

1. Begin with a short video or presentation on the impact of littering and pollution on the environment and health.
2. Facilitate a class discussion:
 - "Why is it important to keep our community clean?"
 - "How does a clean environment affect our well-being?"

3. Divide students into small groups (4–5 per group) and assign each group a specific area around the school or nearby community. Ask students to make the list of materials they will need for the clean up day and plan how they will carry out the clean-up.
4. Review safety rules and respectful behaviour in public spaces.
5. Students clean their assigned areas, supervised by teachers or volunteers.
6. Encourage students to take before-and-after photos and ensure proper disposal of collected waste.

G. Assessment Criteria

- Can discuss the importance of cleaning and its effect on their well-being
- Work collaboratively

H. Extension Activity

- Students can reflect on how they felt when they contributed to the community and share their experiences.
- Plan an activity on recyclables vs. non-recyclables wastes