

# SOCIO-EMOTIONAL WELL-BEING

## Student's Worksheets: GRADE 8 - Lesson 5

### MY LEARNING LADDER WORKSHEET

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Fill in each step of the ladder to show how you are learning and growing.

🏗️ Step 1: I found this hard: \_\_\_\_\_

🏗️ Step 2: I felt: \_\_\_\_\_

🏗️ Step 3: Next time, I will try: \_\_\_\_\_

