

Foundation Programme in Literacy, Numeracy and Skills

SOCIO-EMOTIONAL
WELL-BEING

GRADE 9

Student's Worksheets



Mauritius Institute of Education
under the aegis of



Ministry of Education &
Human Resource

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SOCIO-EMOTIONAL WELL-BEING

Student's Worksheets: GRADE 9 - Lesson 1

EMOTIONAL ANALYSIS

Name: _____

Date: _____

Scene



Emotions:

Describe the scene

Explain the underlying causes

Your personal experience

Emotion felt

Response to the emotion

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