

Foundation Programme in Literacy, Numeracy and Skills

SOCIO-EMOTIONAL
WELL-BEING

GRADE 8

Student's Worksheets



Mauritius Institute of Education
under the aegis of



Ministry of Education &
Human Resource

SOCIO-EMOTIONAL WELL-BEING PANEL

MAURITIUS INSTITUTE OF EDUCATION

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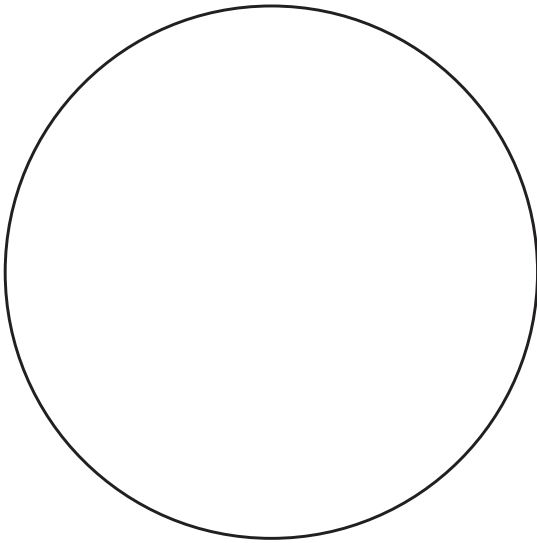
SOCIO-EMOTIONAL WELL-BEING

Student's Worksheets: GRADE 8 - Lesson 1

Activity 1

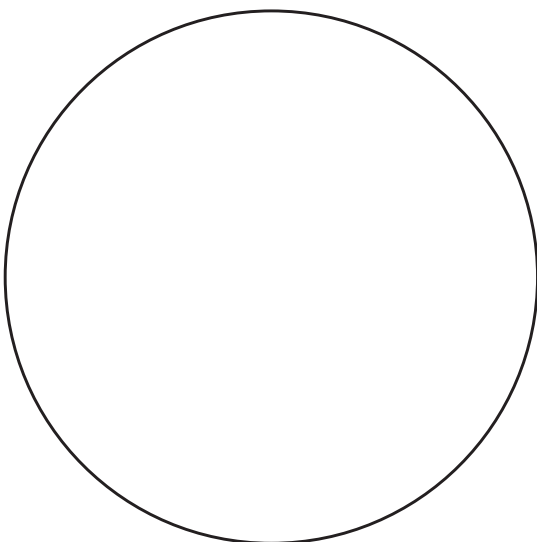
Happy

What makes me happy?



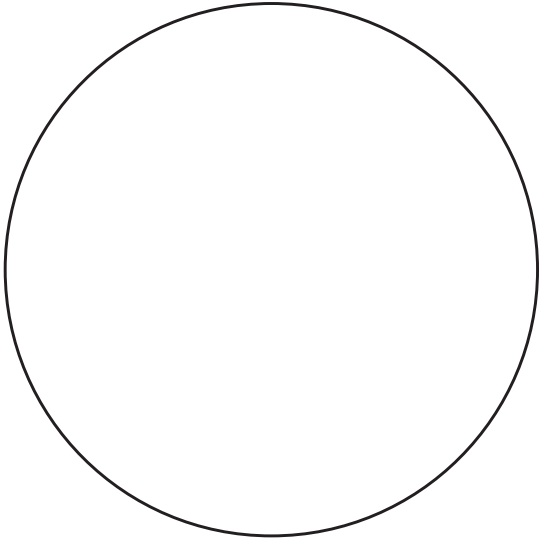
Serene

When am I serene?



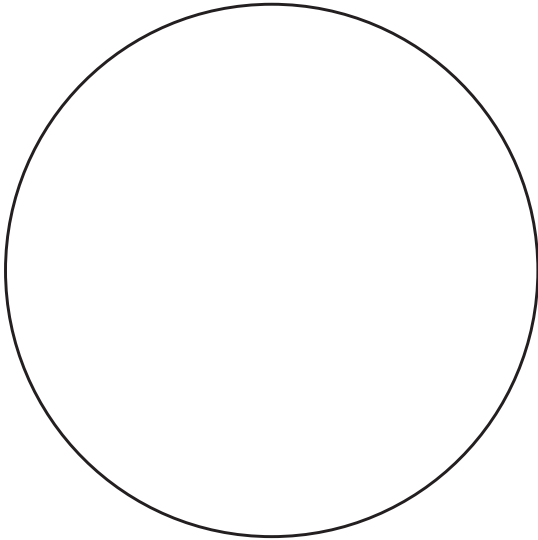
Awe

At what / whom am I in awe?



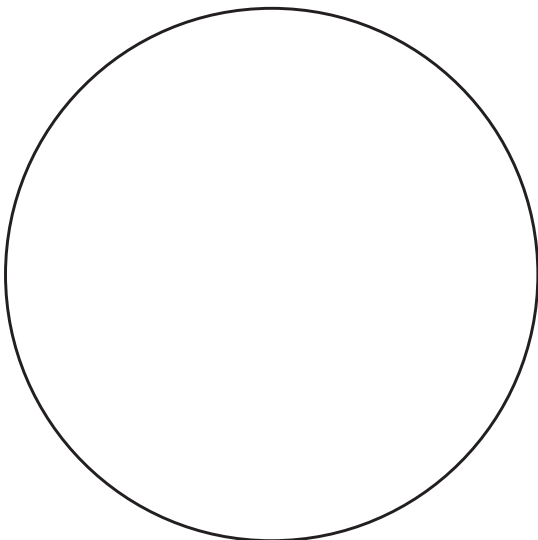
Sad

What makes me sad?



Angry

When am I angry?



Afraid

At what / whom am I afraid of?

