

# SOCIO-EMOTIONAL WELL-BEING

## Student's Worksheets: GRADE 7 - Lesson 2

**Draw a face** inside the balloon that matches the feeling you are experiencing now

**Choose a colour** to fill in the balloon based on how you feel:

- Yellow = Happy 😊
- Blue = Sad 😞
- Red = Angry 😡
- Green = Calm 🌿
- Purple = Excited 😄

