- ICE BREAKER
- GREETINGS IN DIFFERENT LANGUAGES
- ORIENTEERING
  - CHECK POINTS: E.G: Different Cultures
     Different Colours (National Flag)
     Different Food dish
  - Games/ Relays /Quiz. Etc.
- Importance of belonging to a group
  - Football team (Liverpool/MANU....)
  - Colours and icons of Team

#### Traditions/Values Associated (National Anthem/ School Uniform)

- The School
- Our Nation
- Our History/Our National Anthem
- Our Traditional Games
- Our Traditional Food
- Our Traditional music/songs (Made in MORIS)

- What is Patriotism (explain)
- Symbols (Flag)

**National Anthem** 

Activity – To sing the National Anthem
Use the lyrics – English
French
Creole

- Sensitisation & raise awareness through the use of mascots
- Teamwork (Unity)
- National Flag Relay
- Mini Olympic Teams of 4 Colours of National Flag
  Variation- mini Jeux des Iles

Focus on sense of Belonging- Country/College/ Region
Team (House) for Sports Day

- Question the pupils about famous local athletes (friend/family member/neighbour..)
  - Invite famous local athlete (present or ex-student of the school) to talk about his/her experience. (How he/she represented his/her country in international events)

Interclass football or any games competitions with focus of belongingness

- Mascot
- Slogan
- Supporters (educate them to be humble in victory)
- Chants/ Singing school songs

#### Create opportunities to attend matches

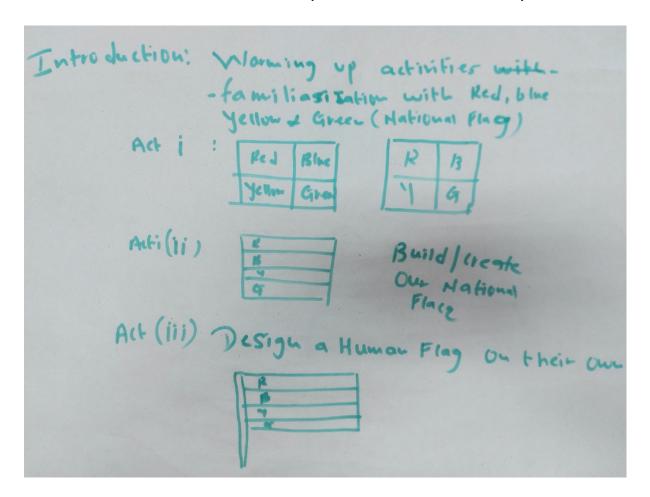
- Houses attending matches will receive points for their respective house.

At the end of the lesson students should be able to:

- -Differentiate the Colours of the national flag
- -Perform through minor games (Grouping Games)
- -Give Equal Opportunities to everyone (Teams Work)

**Introduction: Warming up activities** 

- Familiarisation with colours (Red, Blue, Yellow, Green)



1. Divide into groups - Colours of Mauritian flag
Explain meaning of Colours of the Mauritian flag

Games throughout the year involving interclass competitions and rewards

- Mascot + Flag + opening ceremony → Sports day Intercollege Cross country
- To invite Famous Mauritian athletes to schools, as role models.
- 2. Lead up games: throw ball over the net (Volleyball), in the ring (Basketball), In goal post for football.
- Other minor games: Walking relay, Traditional games related to different cultures in Mauritius

#### **Theory**

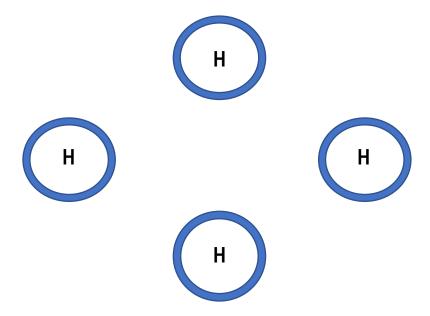
- 1. Your Nationality how do you identify yourself?
- 2. National flag Four Colours.
- 3. Geographical region of your country.
- 4. Values → (Sense of belonging, Respect).
- 5. Showing sign of respect during National Anthem.
- 6. On which date do we celebrate National Independence Day.

#### **Practical**

**Aim:** Unity and Cooperation

**Game:** Grouping 12 Students (approx.)

Equipment: Hula hoops + Whistle + Safe running area



#### **Procedure:**

- 1. Students shall run/jog/walk
- 2. On whistle, students shall get in hoops
- 3. Remove hoops gradually until last one