Welcome to school

1. Social Skills

- **Making Friends** → Introduce themselves, communicate effectively, start conversations, and build friendships.
- **Respect and Empathy** → Encouraging respect for others and understanding different perspectives

2. Emotional Skills

- **Managing Emotions** → Helping students recognize and manage their emotions, such as excitement, anxiety, or homesickness
- **Building Confidence** → boost self-esteem and confidence in a new environment

3. Academic Skills

- Goals Setting → Help students identify, set and reflect on academic and personal goals
- Study Habits → Introduction to importance of education, effective study techniques and organizational skills

4. Practical Skills

- Navigating the School → Familiarising students with the school layout, including classrooms, restrooms, and common areas
- Time Management → How to manage time effectively, including understanding schedules and being punctual